Friday June 23

9:00—11:00, Card Sale, Hobby Room- Great recycled card selection. Most are 50 cents, boutique cards are \$1. No bills larger than \$10, please. Card Recyclers

Blood Pressure Checks, 11:00, Fitness Center- Head to the Fitness Center for a complimentary blood pressure check provided by CareBuilders at Home. Resident Services

Sunday June 25

Board Open Forum, 7:00, CAC & 990—Come to hear from your Board of Directors and meet the new board officers. You'll also get an update on the Cooperative's finances through the first quarter and a preview of the upcoming Board meeting. Board of Directors

Tuesday June 27

Movie: On the Beach, 7:00, CAC—After World War III, Australia is the only remaining haven for mankind. However, wind currents carrying lingering radiation all but condemn those on the continent to the same fate suffered by the rest of the world. When the survivors receive a strange signal from San Diego, Cmdr. Dwight Towers (Gregory Peck) must undertake a mission with Lt. Peter Holmes (Anthony Perkins) to see if there is hope for humanity -- leaving behind Moira (Ava Gardner) and Mary (Donna Anderson), the women they love. 1959 release. 2 hours, 14 minutes. Big Screen

Wednesday June 28

A Preview of the July Night Sky Class, 10:00, CAC—This Yorke U class will meet on the last Wednesday of each month in the CAC at 10:00. Please join me for the first class on Wednesday, June 28th. No registration is needed, just your curiosity. I will show you interesting things you will be able to observe, regardless which direction(s) the windows in your unit face, or where your summer cabin is situated. Judith Grittner/Life Enrichment

Thursday June 29

An Evening of Strings with Steve Staruch (MPR) and the Lochan Quartet, 7:30, CAC & 990—A new string ensemble of Steve Staruch (MPR host) on viola and three friends on violin and cello will bring familiar as well as new music for summer listening pleasure. Come for a rich, relaxing evening! Music & Arts

Friday June 30

Low Vision, 1:30, Social Room— Come to hear the July Yorke Times read aloud and enjoy camaraderie and refreshments. **Neighbor Awareness**

7:00, Bingo, CAC-Come to play with your friends and neighbors! Cards are \$1 each. Nametags are required. Fun & Games



Thursday June 1

Sign up for Minnesota Landscape Arboretum Excursion, 9:00, Green Book outside the office—Come with us Thursday June 15 to the Minnesota Landscape Arboretum to see the beautiful flowers, trees, and shrubs. We can ride the "Bee" for free or pay \$8 for a guided narrated tour of the ground on the tram. We can eat in the cafeteria and visit the gift shop and the library. Grounds are wheelchair accessible. We will leave at 9:30 that morning. Cost is \$17 for transportation and admission, lunch is at your own additional cost. Sign up in the green book outside the office, and place payment in the Blue Box when you sign up. Checks can be made out to 7500 York. Excursion

11:30, Alterations, 3rd Floor Board Room—Sign up in the notebook outside the office for an **appointment** with our alterations specialist. If you need slacks hemmed or other changes made to some garments, this is a great service. She is here the first (June 1) and third Thursdays (June 15) of the month. Resident Services

Movie: *Cider House Rules*, 7:00, CAC—A young man is taught medicine by the doctor at the orphanage where he was brought up. However, when he clashes with his mentor over the issue of abortion, he leaves the home and finds work on a cider farm. There he falls in love with another man's girlfriend but starts to re-evaluate his principles when one of the farm workers becomes pregnant by her own father. 1999 release. Rated PG-13. 2 hours, 6 minutes. Big Screen

Saturday June 3

Men of Yorke Coffee Hour, 9:00, Social Room—All the men are invited to come to the Social Room (first floor) for a time of refreshments and fellowship. Men of Yorke

Outdoor Games, 10:00, North Plaza – The summer weather is here! Join the Fun & Games Committee on the north plaza to show off your competitive side! They'll be bean bag toss, ladder golf, bocce ball, ping pong and more. Bring your friends and neighbors and enjoy some time outside! Remember a water bottle! Fun & Games

Tuesday June 6

Growing up in the 50's and 60's, 7:00, CAC & 990—A portrait of a simpler era, when Monday was washday and busy housewives collected green stamps. Drive-ins were the weekend hot spots. We experienced first loves (and heartbreaks) while listening to doo-wop music. Remember American Bandstand, Johnny Mathis, and the Beach Boys? Cars had fins, and TV had

Page 2

just arrived. Countless Westerns vied with the Wonderful World of Disney, Dragnet, and Ed Sullivan. It was a time of excitement and innocence. Life Enrichment

Thursday June 8

Caregiver Support Group, 3:00, Board Room—If you are in a caregiving role, consider joining others on this journey for confidential support, information and laughter. Will also be held on June 22. Resident Services

Jazz, Pop, Latin and Swing, 7:30, CAC & 990—The Pop Standards Social Club entertains audiences with jazz, swing, Latin, and even a ballad or two. Their music will bring memories, smiles, and maybe a few tears to 7500 listeners. Don't miss this! Music & Arts

Saturday June 10

KAWAI Piano Practice, 9:30—12:00, CAC—Want a chance to tickle the ivories on our new KA-WAI piano in the CAC? Sign up for a practice time in the green book outside the office. Also available on Saturday June 17. Music & Arts

Sunday June 11

Trivia Quiz, 3:00, CAC—Do you pride yourself on remembering random facts? Perhaps you're surprised what you can dig up from your memory? Have some fun and let your competitive nature shine at the monthly Trivia Quiz. This month's categories include trivia one, two and three. Fun & Games

Monday June 12

Nice Guy Technology—Tech Travel Tips, 10:00, CAC—Join this to class and learn how to utilize technology while you travel. You will learn about useful apps for travel, including airline & ticketing apps, how to incorporate maps and online services in your trip planning, and ensure you are comfortable with using your devices while traveling. Life Enrichment

Resource Fair, 1:00—3:00, Lobby & CAC—Come one – come all! Residents and their family members are invited to attend the Fair held in the Lobby and CAC on Monday June 12th, between 1:00 and 3:00 pm. The Resource Fair is your chance to learn about health and wellness programs, services, and supplies that are available to seniors.

A sample of our many exhibitors includes: Hearing and Vision, Healthcare, Housing and much more! You may want to bring along a bag for all the handouts and fun giveaways you collect! See you at the Fair! Resident Services Health & Wellness

7500 York

Thursday June 15

NO VAN SERVICE TODAY due to a scheduled excursion.

4:45, June Birthday Dinner, Yorke Room - If you have a birthday in June, plan to join in the fun! This is an opportunity for you to eat together in the Yorke Room as a social event. Sign up on the sheet at the Yorke Room Host Stand. Wait with the group and you'll be escorted to the Fireside room. Birthday cake provided, you must pay for your meal. Please wear your name tag! Yorke Room

Movie: *Mama Mia, Here We Go Again*, 7:00, CAC—In 1979 young Donna, Tanya and Rosie graduate from Oxford University -- leaving Donna free to embark on a series of adventures throughout Europe. On her journeys, she makes the acquaintances of Harry, Bill and Sam -the latter whom she falls in love with, but he's also the man who breaks her heart. In the present day, Donna's pregnant daughter, Sophie, dreams of renovating a taverna while reuniting with her mother's old friends and boyfriends on the Greek island of Kalokairi. Big Screen

Friday June 16

Mama Mia Movie Discussion, 2:00, Social Room—We will meet in the Social Room from 2:00-3:30 on Friday, July 16th to discuss both of the Mama Mia movies. Included in the discussion will be the cast, the choreography, the staging, and comments by the creator of these two delightful movies. No registration is needed. You may bring beverages and snacks. Judith Grittner/Big Screen

Tuesday June 20

Ticklin the Ivories with Bobby van Deusen, 7:30, CAC & 990—Back by popular demand, Bobby van Deusen will wear his crazy socks and entertain us with a wide variety of piano favorites from Gershwin to movie themes to you-name-it! Music & Arts

Wednesday June 21

Manager's Meeting, 2:00, CAC & 990—Introduction of new members and introduction of new staff, Cooperative updates.

Thursday June 22

Minneapolis Federal Reserve Bank insights into the Local, Regional, and National Economy, 7:00, CAC & 990—High interest rates, high inflation, high prices, multiple bank failures. Where is our economy headed? Joe Mahon, Economist, Federal Reserve Bank Regional Outreach Director, will speak to these issues, "predict the future for our economy" and take our

questions. Life Enrichment

